

Springhurst Elementary School

February 2023 Breakfast Menu

Free & Reduced Applications available on DFSD website under meals and other payments.

		01 French Toast w/Syrup Assorted Cereals Orange Slices Grape Juice Milk	02 Cherry Frudel w/ syrup Assorted WG Muffins Apple Slices 100% OJ Milk	03 Scramble Eggs on English Muffin Assorted Cereals Melon Apple Juice Milk
06 Breakfast Pizza Assorted Cereals Strawberry Apple Juice Milk	07 WG Glazed Donut Assorted WG Muffin Sweet Raisins Orange Juice Milk	08 Bagel, Turkey Bacon, Egg & Cheese Clementine Grape Juice Milk	09 WG Waffles w/ syrup Assorted WG Muffins Melon Wedge Apple Juice	10 Mini Pancake Banana Muffin Apple juice Orange Wedge Milk
13 French Toast w/Syrup Assorted Cereals Orange Slices Grape Juice Milk	14 Warm Oatmeal w/Graham Cracker Assorted WG Muffin Apple Slices Milk	15 Cheese, Eggs & Sausage Quesadilla Grapes Assorted WG Muffins 100% Fruit Juice Milk	16 Waffles w/ Syrup Assorted Cereals Melon Fruit Punch Juice Milk	17 Cheesy Eggs on English Muffin Assorted Muffin Apple Sauce Red Apples Milk
20 President's Day Winter Recess	21 Winter Recess	22 Winter Recess	23 Winter Recess	24 Winter Recess
27 WG Glazed Donut Assorted Cereals Apple Sauce 100% Fruit Juice Milk	28 Cheese Plate w/Crackers, Cheese, Turkey Bacon & Fruit Assorted Muffins Orange Juice Milk			

More info... Daily Breakfast Offerings

Assorted Whole Grain Muffins (Banana, Blueberry, Chocolate Chip)
Yogurt Parfait with Fresh fruit & Granola
WG Reduced Sugar Cereals served with Cheese Stick
Fresh Fruit & 100% Fruit Juice

More info... Any Questions or Concerns please contact
FSD Denise Delpesh 914-693-1500 ext: 3011.
"If you have an allergy please speak to the owner, manager,
chef or server."

**Paid breakfast price
\$1.25**

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Lunch Menu February 2023

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		01 Turkey Nacho w/Rice Pinto Beans Clementine 100% Fruit Juice Milk	02 Mini Pancake w/ Chicken Sausage Tater Tots Melon 100% Fruit Juice Milk	03 Cheese or Pepperoni Pizza Steamed Broccoli Orange Wedges 100% Fruit Juice Milk
06 Pizza Stick w/Marinara Sauce Toss Salad Red Apple 100% Fruit Juice Milk	07 Italian Meatball Sub Green Beans Pears 100% Fruit Juice Milk	08 Chicken Patty on a Bun Celery Sticks Apple Sauce 100% Fruit Juice Milk	09 French Toast Stick w/ Syrup, Sausage & Hash Browns Baby Carrots Strawberries 100% Fruit Juice Milk	10 Cheese or Pepperoni Pizza Cold Slaw Clementine 100% Fruit Juice Milk
13 Mac & Cheese Breadstick Buttered Corn Melon Orange Juice Milk	14 Chicken Tenders Dinner Roll Steamed Cauliflower Clementine Orange Wedges Milk	15 Beef, Beans and Rice Burrito Corn Salsa Fresh Apples 100% Fruit Juice Milk	16 Waffle w/Chicken Sausage, Hashbrown & Syrup Fresh Pears Mix Veggie Red Apple	17 Cheese or Pepperoni Pizza Orange Wedges Steamed Broccoli 100% Fruit Juice Milk
20 PRESIDENT'S DAY WINTER RECESS SCHOOLS CLOSED	21 SCHOOLS CLOSED WINTER RECESS	22 SCHOOLS CLOSED WINTER RECESS	23 SCHOOLS CLOSED WINTER RECESS	24 SCHOOLS CLOSED WINTER RECESS
27 Chicken Nuggets w/Bread Sticks Fresh Apples French Fries 100% Fruit Juice Milk	28 Pasta w/Beef Meat Sauce Garlic Bread Melon Black Beans 100% Fruit Juice Milk			

More info... Daily Breakfast Offerings

Fruits & Veggies: Local NY Apples, Oranges, Bananas Carrots, Celery, Cucumber and Legume Salad

(P) = Pork

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Daily Information: All meals Served with Choice of 1% milk, Fat Free Milk, Fat Free Chocolate Milk (Antibiotic & Hormone Free)

All Meals Offered with Fresh Fruit, 100% Fruit Juice and WG Dinner Rolls. Leafy Green Salads Served Daily